



TREATMENT MENU

'Pamper Professionals' will come to you.....A team of fully qualified and dedicated therapists', offering an array of luxurious spa/beauty treatments to be experienced in the comfort of your own home or selected accommodation

PAMPER PROFESSIONALS

Please book early to ensure your choice of time and day.

A minimum of treatments to the value of \$150 per booking/group is a requirement to book our mobile service throughout the Blue Mountains, Hawkesbury & Nepean regions.

A call out fee of \$20 per therapist applies for our mobile service.

Travel fees apply if outside these areas.

We specialise in group bookings for corporate, bridal showers, baby showers, ladies pampering days as well as couples and individuals.

MASSAGE THERAPY

Aromatherapy, Swedish, Relaxation, Remedial

Duration 30 mins Price \$45 (Head, neck, shoulder, back)

Duration 1 hour Price \$80

FACIAL TREATMENTS

Rejuvenation Facial

Cleanse, exfoliation, mask, skin balancing tone and moisturize.

Duration: 30 min Price \$40

Honey Serum Facial

Organic honey is applied to the face and massaged into the skin to stimulate the lymphatic system, helping to remove toxins, this facial cleanses, tones & moisturizes. Skin will feel beautifully soft and radiate a healthy glow.

Duration: 30 min Price \$55

Hydrating Facial

Facial begins with a double cleanse, exfoliation, followed by a rose clay mask, then a glacial mud mask, balancing tone and moisturize. A gentle and hydrating facial.

Duration: 45 min Price \$60

BODY TREATMENTS

OmVeda Shiro Lepa - Hair & Scalp Treatment

Indians are renowned for their thick and lustrous hair as a result of a daily application of oil and massage. Let us re-create this daily ritual by enveloping your hair and scalp in warm herbalised oils. An Ayurvedic Head, Neck and Shoulder massage follows to stimulate the circulation, promote hair growth and eliminate scalp dryness.

Duration: 45 min Cost \$60

Back Cleanse

Exfoliation, clay pack, massage & moisturize. Relaxing and cleansing for this hard to reach area.

Duration: 45 min Price \$60

Body Polish & Moisturize for Her

Body is exfoliated to remove dead skin cells and revitalize and soften skin. Followed by a full body massage/moisturizing treatment. Stimulating to the senses and body.

Duration: 60 min Price \$85

Men's Body Scrub

This masculine body scrub is formulated for male skin. Orange Peel exfoliates, Charcoal acts as a natural deodoriser and Betal Leaf provides antiseptic benefits. Followed by a full body massage/moisturizing treatment.

Duration: 60 min Price \$90

Whitening Body Scrub

This scrub is formulated to balance skin brightness and clarity. An effective and safe whitening treatment recommended for dull and dry skin. Followed by a full body massage/moisturizing treatment.

Duration: 60 min Price \$95

Mud Wrapsody & Moisturize

A warm deep sea mineral mud is applied to the body. Body is then cocooned in muslin and a sheet for about 20 minutes. After wrap is removed, mud is then washed off the body under a shower or removed with hot towels. The treatment finishes with a full body moisturize. This treatment is deeply relaxing and detoxifying.

Duration: 60 min Price \$90

HANDS & FEET

Geisha Foot Treatment

Honey cream foot soak, followed by a foot scrub to renew and refresh feet. A foot mask is applied and feet are wrapped in a hot towel. Treatment finishes with a foot massage & moisturize. Pure gold for this often neglected part of the body.

Duration: 30 min Price \$40

Geisha Hand Treatment

Honey cream hand soak, exfoliation and, mask. Hands are then wrapped in a hot towel. Treatment finishes with a hand & arm moisturize. Hands will feel soothed and beautifully soft.

Duration: 30 min Price \$40

Geisha Hands & Feet Duo

Geisha Foot Treatment & Geisha Hand Treatment

Duration: 60 min Price \$75

PACKAGES

Express Indulgence

Rejuvenating facial and back massage.

Duration: 60 min Price \$75

Men's Refresh

Back cleanse treatment, refreshing lemongrass foot bath and foot massage, followed by a 45 min hydrating facial and finishing with a rejuvenating scalp massage. A revitalizing experience.

Duration: 2 hours Price \$145

The Executive

1 hour massage followed by a refreshing lemongrass foot bath and foot massage, rejuvenating facial and finishing with a herbal oil scalp massage. A deeply relaxing treatment.

Duration: 2 hours Price \$150

Winter Warming

Mineral sea salt, ginger and clove foot soak, followed by a mud wrap and then finishing with a one hour massage using a blend of macadamia and warm spice oils. Warms the body and aids circulation during the cold winter months.

Duration: 2 hours Price \$150

Timeless Beauty

Body polish & moisturize, followed by our Hands & Feet Duo package and finishing with a rejuvenating facial.

Duration: 2.5 hours Price \$175

Pure Pampering

Body polish, 1 hour massage & moisturize, geisha foot treatment and finishing with a 45 min hydrating facial.

Duration: 2.5 hours Price \$195

The Deluxe

This luxurious package starts with a macadamia body polish, followed by a deep sea mineral mud wrap. After mud is removed with hot towels, a macadamia body butter is massaged into the body. A milk bath foot soak and foot massage follows and this luxurious treatment concludes with a rejuvenating facial and herbal oil scalp massage. A heavenly experience.

Duration: 2.5 hours Price \$220

Romantic Spa Treat for 2

Two of our therapists will pamper you both side by side. Beginning with a 1 hour massage, followed by a foot treatment, and finishing with your choice of a rejuvenating facial or extra massage & scalp massage.

Duration: 2 hours Price \$295

Only a one off \$20 call out fee charged for 2 therapists on this treatment for mobile).

Prices and treatments are subject to change without notice.

All prices are inclusive of GST

For enquiries & bookings please contact our office.

Office hours - Monday to Friday – 9am to 6pm

Saturday 9am to 6pm - call mobile

Sunday 11am – 4pm – call mobile

Phone: **02 45 73 2710** Mobile: **0415 816 903**

Fax: **02 856 90533**

Business & Postal Address:

1104 Grose Vale Road, Kurrajong NSW 2758

Email: enquiries@pampering.com.au

Treatments available for our mobile service

Monday to Saturday - 9am to 6pm (Autumn & Winter)

9am to 7pm (Spring & Summer)

Sunday – 9am to 5pm - Group bookings only